



THE TIMES OF INDIA

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STUDENT EDITION

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WEB EDITION

FLASH BACK

HISTORY OF SINO-INDIAN FEUDS

NATHU LA CONFLICT (1967)

1 Better known as the India-China war of 1967, the Nathu La conflict sent a strong message to China that the mistakes of 1962 won't be repeated. India landed a stern blow on the People's Liberation Army's (PLA) pride at the Nathu La post. In August 1967, when the Chinese troops infiltrated the Nathu La region, Indian troops asked the Chinese to withdraw from the Indian territory. However, repeated infiltrations, despite verbal warnings, led to a scuffle between two sides in September 1967. Though the Chinese went back to their own territory following dialogues, clashes erupted again. On Sept 11, the PLA launched an attack on Indian post at Nathu La. It lasted till Sept 15, 1967, resulting in a major setback for China, with the loss of 400 soldiers.

CHO LA CONFLICT (1967)

2 After the September humiliation at Nathu La, the Chinese shifted the action to the Cho La post. According to reports, the Chinese troops intruded into Cho La sector, situated near Nathu La, on October 1, 1967, claimed the region and raised questions on Indian Army's position there. Arguments soon turned into a fight. Although China eventually lost, 88 Indian Army personnel died and 163 were wounded in the conflict.

ARUNACHAL BORDER STAND-OFF (1987)

3 Arunachal Pradesh, one of the contentious issues between New Delhi and Beijing, was one of those incidents that almost took both the nations on the verge of war. When Arunachal Pradesh was granted statehood by India in late 1986, China protested. The Chinese troops reportedly crossed LAC, entered the Sumdorong Chu valley in Arunachal Pradesh, and started building helipads and permanent structures. The then Army Chief Gen K Sundarji launched Operation Falcon. The Indian army stood at the border eyeball-to-eyeball with Chinese troops until the PLA agreed to back off in 1987.

DOKLAM (2017)

4 The 72-day stand-off began in June 2017, when Chinese troops attempted to construct a road near the Doklam plateau, close to India's border. Indian troops stepped in to prevent the construction of the road in the territory, claimed by Bhutan as it lay close to an Indian highway. Following skirmishes at Doklam, India warned China that the road construction will have an impact on the status quo with serious security implications, and suggested that both sides pull back troops for any talks to take place. After 6 weeks of diplomatic talks, the two countries reached an agreement to pull back military personnel from the site.



As India-China agree to initiate dialogue on the ongoing LAC conflict, a look back at times when China had to back down...

X-PLAINED

COMMUNITY TRANSMISSION OF COVID-19

WHAT

The Indian Council of Medical Research (ICMR) has reiterated that there is no community transmission yet in the country. The term community spread is used when you do not know the source of the infection — you are unable to trace it back to someone who has travelled in an affected area overseas, or got it through contact with someone, who is infected.

HOW

It implies that the virus is now circulating in the community, and can infect people with no history — either of travel to affected areas, or of contact with the infected person. In a situation of community transmission, there is a risk of the spread of infection from every person, regardless of where they are from, or whether they have been in contact.

SCIENTISTS DETECT WIDESPREAD STRUCTURES NEAR EARTH'S CORE

A analysing thousands of recordings of seismic waves, or sound waves travelling through the Earth, scientists have detected widespread, heterogeneous structures—areas of unusually dense, hot rock—at the core-mantle boundary than previously known. The new research provides the first comprehensive view of the core-mantle boundary over a wide area with such detailed resolution. The researchers focused on echoes of seismic waves travelling beneath the Pacific Ocean basin.

■ The analysis revealed a previously unknown structure beneath the volcanic Marquesas Islands in the South Pacific and showed that the structure beneath the Hawaiian Islands is much larger than previously known. ■ It also revealed a few surprises in the structure of the core-mantle boundary. ■ Scientists found that the large patch of very dense, hot material at the core-mantle boundary beneath Hawaii produced uniquely loud echoes, indicating that it is even larger than previous estimates. ■ Better understanding of the shape of the structures at the core-mantle boundary can help reveal the geologic processes happening deep inside the Earth.

UNRAVELLED

INDIA CAN'T HANDLE PRESSURE IN CRUCIAL GAMES: GAMBHIR

VIEWPOINT

Former opener Gautam Gambhir feels that Indian players lack "mental toughness" to handle pressure in crunch situations. Talking on a chat show, 'Cricket Connected', Gambhir said, "What sets you apart from being a good player to being a very good player in a team squad is what you do on crucial games, like the World Cup." I think we have not

been able to handle the pressure properly, probably other teams have been able to handle it better than our team, he added. "After playing really well in the league stage and then losing out in the semi-final or knock out and final reflects the mental tenacity as well," the former batsman said, adding that the team management should work more on the players' mental toughness.

"We can keep talking that we've got everything... we have the ability to be the world champions, but till the time you prove it on the cricket field at crucial junctures, you will never be called the world champions"



Share your views at toinie175@gmail.com /t.me/timesnie175

REALITY CHECK

India won the ODI World Cup twice in 1983 and 2011 but have been knocked out in the semi-final stage in four editions, including the last two editions in 2015 and 2019. In T20 World Cups, India had triumphed in the inaugural edition in 2007 and reached the finals in 2014

NEWS IN BRIEF

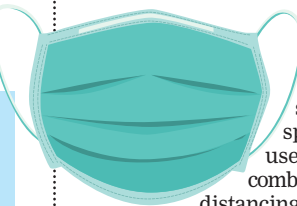
CLICK HERE FOR MORE

WEARING MASKS CAN HALT SPREAD OF VIRUS: STUDY

Masks have emerged as the most important non-pharmaceutical intervention in containing the spread of Covid-19, along with physical distancing and hand washing. Even 75% mask adherence in a population can lower Covid-19's reproduction number to less than 1, without resorting to lockdowns, studies showed. "If widespread facemask use by the public is combined with physical distancing and some lockdown, it may offer an acceptable way of managing the pandemic and reopening economic activity long before there is a working vaccine," said researchers of the study. The study was based on the theory that the coronavirus can be transmitted through airborne droplets when talking, coughing or sneezing. The researchers found that when people wear masks in public, it is twice as effective at reducing the R number than if masks are worn after symptoms appear.

Reproduction number, or the R number, is the number of people that an infected person can pass the virus on to. A figure of less than 1 is needed to slow the spread of the disease

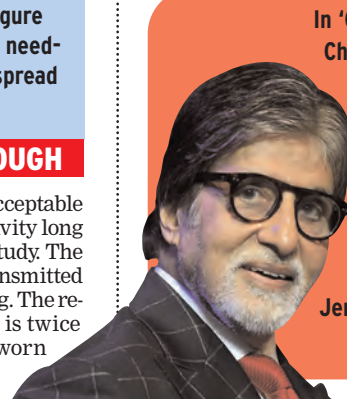
BREAKTHROUGH



EACH FILM PROJECT IS A CHALLENGE: AMITABH BACHCHAN

ENTERTAINMENT

For Amitabh Bachchan, each project comes with its own challenges and his latest, 'Gulabo Sitabo', was no less. While talking about the film, the actor said, "Yes (there was) the prosthetic make-up routine each day for four to five hours and its discomfort, the posture of the old Mirza (his character in the film), and the extraneous weather of the summer of May. But if you wish to call yourself a professional, then it all comes with the territory, and you damn well accept and enjoy it," he added.



In 'Gulabo Sitabo', scripted by Juhi Chaturvedi, the actor plays Mirza, landlord of an old dilapidated 'haveli' in the heart of Lucknow, named Fatima Mahal, while Ayushmann Khurrana is his shrewd tenant, Baankey. Their situation is akin to that of Tom and Jerry, with witty banter, adding to the quirk factor of the script

TOURISTS RETURN AS EUROPE EXITS LOCKDOWN



Tourists took gondola ride on the Grand Canal in Venice and visited other tourist spots as life limped back to normalcy post lockdown in Europe



How to take care of our environment in small ways

nitya.shukla@timesgroup.com

KEEP A FOLD-AWAY BAG WHILE GOING OUT

Statistics say that by 2050 there could be more plastic by weight than fish in our seas. Moreover, scientists estimate that around 8 million metric tons of plastic ends up in our oceans each year. These numbers alone should convince you to stop using single-use plastic bags. So, invest in a reusable, foldaway shopping bag, and ask your family to do the same.



READ ABOUT BEES

Their numbers are depleting rapidly due to drought, habitat destruction, air pollution, global warming, intensification of farming and increased use of pesticides. As pollinators, bees play a huge role

in every aspect of the eco-system, and are vital to our biodiversity. So, educate yourself.

ATTEND EARTH SCHOOL

Initiated by the United Nations Environment Programme (UNEP) and TedEd, the Earth school helps you to learn all environment-related subjects, including animals, global warming and underwater farming. The best way to protect our biodiversity is to learn about it as much as we can.



TIMES ARE CALLING FOR A MOVEMENT.
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QUIZ



MIND TEASERS



**FUN WITH
RIDDLES**



**JUMBLED
WORDS...**

Find out who tops the chart every day! It could be **YOU!!!!**

FROM THE EDUCATOR'S DESK

Life's lighthouse

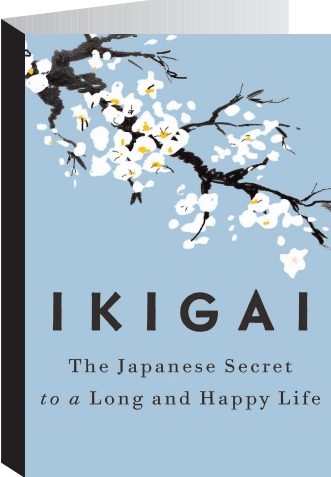
A BOOK REVIEW OF 'IKIGAI...'

Ikigai is an attribute that can create meaning and happiness in life. I recently read this inspiring book 'Ikigai: The Japanese secret to a long and happy life' authored by Hector Garcia and Francesc Miralles. The book gives you a reason to get out of bed each morning. It touches various aspects of life. In today's materialistic world where people lead a hectic and stressful life, you can say that it is very difficult to find your Ikigai. We are so distracted, that we lack energy and enthusiasm. As a result, we forget to take out time to draw happiness from small things. All this can change if we unearth and follow our IKIGAI.

Here are few inspiring takeaways from this book.

- We don't create the purpose of our life, we discover it.
- Live in the present and surround yourself with good company.
- Relax, take it slow, and don't worry. Life is a marathon, not a hundred-meter sprint.
- Eat and sleep well. Workout daily.
- Keep your mind and body busy.
- Be optimistic, smile a lot.
- Effort is important, not the result.
- Celebrate little things.

- Cherish the imperfection of life.
 - Be grateful and have resilience.
 - Reconnect with nature to recharge your batteries.
- This book is recommended to all those who are in search of happiness. Radhika Mamtani, Educator, Anand Niketan Satellite



**WORD
WISE**

Accretion: (n) An increase by natural growth or by gradual external addition; growth in size or extent – or, the result of this process. An added part; addition.

Synonymous words: accumulation, accession, increase, augmentation, increment, raise, rise, build-up etc.

- Examples:**
- The last part of the legend is a later **accretion**.
 - The powerful forces of gravity and magnetism channel matter into huge flattened spinning platters known as **accretion** disks.
 - The direction of polarisation for a quasar is determined by the **accretion** disk surrounding it.

Quiz time

GENERAL KNOWLEDGE

Q.1) Which guided rocket system was recently launched for Odisha coast?

- A. Agni B. Pinaka
C. Akash D. Naag

Q.2) Which IIT institute will start 'Vastu Shastra' classes for architecture students?

- A. IIT Kharagpur
B. IIT Delhi

- C. IIT Mumbai
D. IIT Madras

Q.3) When is International Holocaust Remembrance Day observed?

- A. January 5
B. January 10
C. January 27
D. January 29

ANSWERS

1. B) Pinaka 2. A) IIT Kharagpur 3. C) January 27



The German government and regional leaders have agreed on a plan to phase out coal-fired power stations by 2038.

Just June!

SURYAKUMARI DENNISON,
Teacher, Aavishkar Academy

How well do you know the sixth month of the year? Answer each of these questions, by choosing correctly from the four options.



- From whom does the month of June derive its name?
A. Chinese Empress B. English Duchess
C. Greek Princess D. Roman Goddess
- Which month, apart from June, always ends on the same day of the week?
A. November B. September C. March D. February
- Since which year has International Yoga Day been celebrated annually, on June 21?
A. 2011 B. 2013 C. 2015 D. 2017
- What is the Zodiac sign for the latter and shorter part of June?
A. Cancer B. Leo C. Pisces D. Taurus
- Whom do we traditionally honour on the third Sunday in June?
A. Mothers B. Fathers C. Sisters D. Brothers

ANSWERS

- 1) D. Roman Goddess, 2) C. March, 3) C. 2015, 4) A. Cancer, 5) B. Fathers

MENTAL WELLNESS

'Never disregard or belittle depression, it's a serious illness'



Dr Harish Shetty a Mumbai-based psychiatrist

discusses the nuances of clinical depression and more with **Sugandha Indulkar**

What are the foremost precautions that need to be taken by caregivers of a patient suffering from depression?

which needs medical treatment like any other illness

- Yoga, exercise, meditation, healthy dietary intake, etc

along with prescribed medicine will go a long way.

Why do people want to conceal their state of mind?

No one should try to hide illness – either physical or mental. Accept the situation and overcome it – take help if necessary. Amitabh Bachchan, Deepika Padukone, Shahrukh Khan, Anushka Sharma, Varun Dhawan, are some of the leading actors who have accepted that they suffered from depression and sought medical assistance to overcome their problem.

What about teenage depression?

Depression sets in when an individual is unable to cope with stress in his or her life. This condition is regardless of age and gender. When one gets frustrated, feels helpless, or bogged down by the happenings in one's life – one may show signs of depression. Clinically, we look for symptoms, aloofness, mood swings, etc. Medicines treat the symptoms, in order to eliminate the cause – alert caregiving, yoga, meditation and all aforementioned measures need to be adopted. Sometimes, the cause cannot be eliminated – so treat the symptoms at least with adequate medicines.

LOOK FORWARD:
Our Mental Wellness special page tomorrow! Watch this space for more interviews, articles and activities. If you have a query regarding mental health send it to us at timesnie175@gmail.com



COMMON GRAMMATICAL MISTAKES

1. BASE/BASS

THE RULES:

- "Base" means the bottom support of anything; that on which a thing stands or rests.
- "Bass" means low in pitch; of the lowest pitch or range.

HOW NOT TO DO IT:

- The business had a good **bass**.
- Adjust the **base** properly.

HOW TO DO IT PROPERLY:

- The business had a good **base**.
- Adjust the **bass** properly.
- The cupboard had a strong **base**.
- The system did not have a good **bass**.

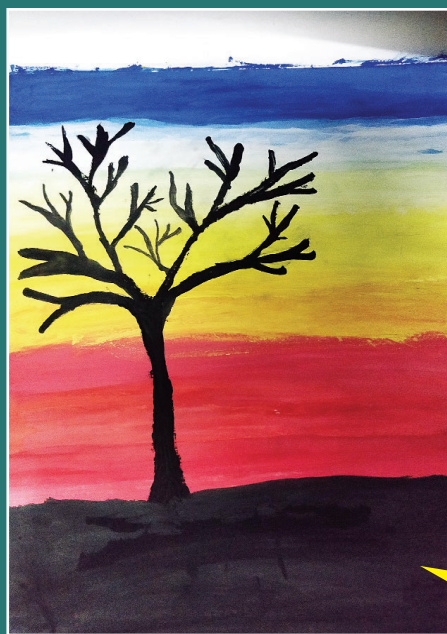
Painters' Gallery



Deeksha, class VII,
Pragathi Central School, Hyderabad



G Tejaswi, class VII E,
Little Flower High School, Abids, Hyderabad



Geeth, class III A, St.Martin's High School, Chintal, Hyderabad

Varshini Shaw, class VIII A,
Hyderabad Public School, Ramanthapur, Hyderabad

SCHOOL IS COOL

"HAPPINESS"

Happiness is not what you think.
And it won't happen in a blink.
Being happy isn't a blessing or a gift.
It is something which is within you.
It might last a little long or go away in a swift.
Searching for happiness in this clumsy world is laborious.
But once you achieve it you will gradually arise.
One thing is important to be known
You are the reason behind your happiness.
Find happiness in small things.
Fly high with open wings, Don't be sad! Don't be upset!
Cause there is happiness in every aspect!

Farah Marian, class X, Delhi School of Excellence, Attapur, Hyderabad

LIFE OF A GIRL

The life of a girl is like the striker in carom board.
No matter what, she is the beauty of the house.
She gives life, not just light
She herself is a big name, winning many games
Just like a striker she does not need recognition
Not only black and white, she can hit the red too
She is the game player or she is the game spoiler
She is the entertainer, For the same board
For the same room, For the same hearts.

Sai Ananya Saripalle, class V, Delhi Public School Miyapur, Hyderabad

IT'S MY LITTLE BLACK BAG

It's my little black bag
Which is black in colour with red tag
It's my little black bag
Hanging on my back with my school books
How petty it looks, It's my little black bag
Whenever I go to school it is behind me
What I put into it, it will take, It's my little black bag
Bokara Varshitha, class II F, Pallavi Model School, Boduppal Campus, Hyderabad

UNLOCK NATURE FOR THE FUTURE

To all those, who think this lockdown is an absolute nightmare do you know that before this, every day was a reality that our Earth couldn't bear?
What did Earth ever do, to receive such damage and pain... fulfilling our desires and making us happy was all that she always aim(ed).
God is surely smart, he made really wise moves... shutting us in our homes and letting Earth grow back her grooves.
Giving our Earth a chance to restore all her lost beauty... even if it meant to make us unhappy and pause our duty(ies).
Now that it's all opening up, we're again giving her pain... her efforts to gain back her beauty and heal are going in vain.

Going out during a dangerous pandemic... well, what do we even gain... sitting at home and being safe, shouldn't that be something main.

If you want to apologize after reading this, let's all do it together....

by swearing not to hurt nature and to protect her forever.
By sitting at home, protecting ourselves and also saving nature... we may have heard this many times, but without nature, there won't be any future.

Tanvitha Gompaa, class X, Meridian School, Banjara Hills, HYD

THE STREAM OF LIFE

Life... the essence of living, to breathe, to nourish, to create, to exist on a common plain, and known no difference.

What if the world was this simple?
That the greatest life achievement,
The richest reward one could give, was to reap and bestow love.
The water falls from the skies,
nourishes the land, the living growth,
creates a stream...creates life.
We bathe in its glory, we shelter from its harshness,
and sweeten our lips with delight.
We taste of love in the same manner
why do we not dance to the tune so simple
and seek for nothing else?

Hiren Kalyani, class IV, Delhi Public School, Nacharam, HYD